

ANALYTICAL SUMMARY

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Rights and quality of life of individuals with intellectual disability and extensive support needs

ABSTRACT: People with intellectual (ID) and developmental disabilities who have generalized or extensive support needs constitute a particularly vulnerable group that has traditionally experienced situations of exclusion. Despite this, their situation has not been a priority subject of study nor have there been specific developments in social policy to respond to their needs, which can be translated into an absence of interest in knowing the reality of these group, difficulties to guarantee the fulfillment of their rights, and lack of initiative aimed to achieve their full inclusion in society. Is therefore necessary to undertake different actions, translated into objectives of the present work: to explore and synthesize existing data on this group in our country; to detect their needs and their fulfillment; and to propose evidence-based guidelines to ensure their well-being and rights. For this purpose, the methodology used consisted of: (a) a review of the most relevant scientific literature of the last ten years on ID and extensive support needs; and (b) the analysis of the results yield by two national surveys carried out in Spain: the Disability, Independence, and Dependency Situations survey, EDAD (INE, 2008), and the System for Autonomy and Care for Dependency, SAAD (IMSERSO, 2016), among others. Considering the disparities observed within this

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group, urgent lines of action are highlighted, which are aimed to improve the knowledge about the living conditions of people with more significant ID and drive better practices in the provision of supports to this group.

KEY WORDS: intellectual disabilities; rights; quality of life; extensive support needs; United Nations Convention; best practices.