

ANALYTICAL SUMMARY

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Bereavement process of people with intellectual disability

ABSTRACT: The main goal of this work is focused on detecting the support needs of people with intellectual disabilities during the bereavement process in order to guide about professional interventions and practices aimed to provide more adequate individualized support to their real needs. The sample consists of 93 adults with ID, with ages ranging from 21 to 72 years old ($M = 49.9$; $SD = 11.79$), who have suffered the loss of a significant person. The professionals who worked with them and knew them well completed two questionnaires: *Staff Attitude Questionnaire* (SAQ) and *Bereavement Needs Assessment* (BNAT). Beside descriptive analyses, results were analyzed according to several variables (i.e., gender, age, level of intellectual disability, and level of dependency). Level of intellectual disability and level of dependency were the ones that resulted significant. In order to provide the best answer to their needs, good practices are suggested such as facilitating the understanding of loss, helping them express feelings and emotions, dealing with each case individually, and encouraging to continue education about death.

KEYWORDS: bereavement; intellectual disability; grief; needs.

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Under-diagnosis of mental disorder in people with intellectual disabilities: study of prevalence in population with different degrees of intellectual disability

ABSTRACT: There are a few studies in the literature analyzing the prevalence of mental illness in people with intellectual disabilities (ID). This study explores the prevalence of mental disorders in adults without previous mental disorder and different degrees of ID. We assessed 142 individuals with varying degrees of ID and with unknown previous psychiatric disorder. We applied the diagnostic battery PAS-ADD based on criteria ICD-10 and DSM-IV TR to analyze the prevalence of mental disorders in people with mild / moderate ID. We applied the Spanish version of the scale DASH-II to analyze the prevalence of mental disorders in people with severe and profound ID. We found a psychiatric disorder previously undiagnosed in 29.57% of our sample. In people with mild/moderate ID the most common psychiatric disorder was depressive disorder (33.3%), but in people with severe and profound ID was the anxiety disorder. The most prevalent medical comorbidity was epilepsy (22.5% of the total sample and 39.2% in the population with severe / profound intellectual disabilities). Psychiatric disorders seem to be more common in the population with ID than in the general population, increasing their prevalence and medical comorbidity in severe and profound ID.

KEYWORDS: mental disorder; intellectual disability; diagnosis; prevalence.

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Service quality from the point of view of people with intellectual disability: relationships with its satisfaction and wellbeing

ABSTRACT: Service quality in centers for individuals with intellectual disability plays an important role in their satisfaction and well-being. However, the perspective of individuals with intellectual disability has been relatively neglected in previous research studies. For this reason, the current study aims to analyze service quality (functional, relational, and tangibles) considering the point of view of individuals with intellectual disability, and its links to satisfaction with the center and subjective well-being. The sample was composed of 786 subjects with intellectual disability who were using different types of centers (day-care services, occupational services, and residential services) all of them affiliated with “Plena Inclusión”. Our findings showed that individuals with intellectual disability have a very positive perception of service quality and high levels of satisfaction and well-being. In addition, we observed that the tangible aspects predict significant variance of satisfaction with the center, but it is not able to predict well-being. By contrast, the quality of the interaction with professionals, especially in functional terms, related to both satisfaction and well-being experienced by individuals with intellectual disability.

KEYWORDS: service quality; satisfaction; subjective well-being; functional; relational; tangibles.

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“We would like them to accompany us in our decisions”. Some issues that concern adults with intellectual disability

ABSTRACT: This article presents the main results of a qualitative research that aims to explore the subjective experience of 16 people with intellectual disability around different vital spheres such as training, work, housing, relationships, or family. Data collection is carried out through semi-structured and in-depth interviews. The research process pays special attention to the ethical aspects that are explicitly shown as key elements in the decision-making process. Thus, we have access to the personal statements of the participants for further analysis. The results are organized around four topics that make visible the circumstances that currently surround some adults with intellectual disabilities due to this statements are recurrent in their stories. Issues such as the pressure of the economic crisis, the distance between desires and plans, always in preparation and the status of “citizen amputee” are addressed. The discussion of results reflects the social and political changes of recent years. However, all the participants identify some obstacles that make independent living or starting a family are still difficult illusions to materialize.

KEYWORDS: people with intellectual disability; citizenship; social control; inclusive research; personal and social supports.

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Promoting values through a physical and pre-sport activity programme in people with intellectual disabilities

ABSTRACT: This study presents an intervention program in order to promote values in people with mild intellectual disabilities. The program is structured in several sessions of physical activity and adapted physical/sporting activities in an educational context directed to socio-labor insertion of collective with mild intellectual disabilities. The intervention was applied to a sample of 12 participants. The Spanish version of the Sport Value Questionnaire (SVQ-E) was the measurement instrument as well as recording observations for collecting data in the post-dilemma debates an observational record for collecting data in post-dilemma debates. Judgment of the students improved with respect to each value after the program. In addition, results indicate that subjects considered more important the values of the program than the ones not worked.

KEYWORDS: values; dilemmas; physical activity; intellectual disability.