

## Disability: Down Syndrome and Sexuality

### Technical Details

**Title:** *Me too*.

**Original title:** *Yo, también*.

**Country:** Spain.

**Year:** 2009.

**Directors:** Antonio Naharro, Álvaro Pastor.

**Music:** Guille Milkyway.

**Photography:** Alfonso Postigo.

**Film editor:** Nino Martínez Sosa.

**Screenwriter:** Álvaro Pastor Gaspar, Antonio Naharro.

**Cast:** Lola Dueñas, Pablo Pineda, Isabel García Lorca, Pedro Álvarez Ossorio, Antonio Naharro, María Bravo, Consuelo Trujillo, Daniel Parejo, Lourdes Naharro, Catalina Lladó, Susana Monje, Joaquín Perles, Teresa Arbolí, Ana Peregrina, Ana de los Riscos, Ramiro Alonso,...

**Color:** Color.

**Runtime:** 105 minutes.

**Genre:** Drama.

**Language:** Spanish.

**Production Companies:** Alicia Produce, Promico Imagen.

**Synopsis:** "Thirty-four-year-old Daniel is the first European with Down syndrome to have graduated from university. He starts a social services job in Seville, where he meets free-spirited co-worker Laura. They become fast friends, drawing the attention of both their coworkers and families. Their unique relationship becomes problematic when Daniel falls in love with her. But these rebellious souls refuse to bend to the rules and they find friendship and love as they have never known" (mecd).

**Awards:** Goya Awards: Mejor Actriz (Lola Dueñas) and Canción Original, Nominated to Mejor Actor Revelación (Pablo Pineda) and Mejor Director Novel (Antonio Naharro, Álvaro Pastor) (2010). San Sebastián International Film Festival: Concha de plata to Best Actor (Pablo Pineda) Best Actress (Lola Dueñas) (2009).

**Available:** *Yo también* (DVD). Barcelona: Cameo Media; 2009.

**Links:**

<http://www.mecd.gob.es/cultura-mecd/areas-cultura/principal/mc/culturasberlin/2010/cine.html>

<http://www.filmaffinity.com/es/film548924.html>

<http://www.imdb.com/title/tt1289449>

[Tráiler with English subtitles](#)



Movie poster (English version).

Action: Spain, present time.



On the left, Laura (Lola Dueñas), a woman with a rebellious behavior (promiscuous) in response to a situation of life framed in affective deficiencies. On the right, Daniel Sanz (Diego Pineda), a 34 years old man with Down syndrome who has managed to lead a life without limits, leads a love story that breaks with the traditional romantic love and problematizes social representations built on sexuality of people with disabilities.



Usually, people with Down syndrome occupy low positions in the social space. On the contrary, Daniel arrives at his first day of work in an office of social service of disability.



¿Are you alone or with your parents? On his first day of work, Daniel faces the social perception of "eternal child" on the person with Down syndrome.



The expression of sexuality through sexual thoughts, desires and fantasies is part of the life of all human beings, including people with Down syndrome.



Building affective bonds under a horizontal situation between two people with different lives.



Overprotective attitude of Daniel's mother, based on the perception of incapacity to make correct decisions about her affective relationships.





Infantile and asexual representation of the person with Down syndrome as a barrier to access to nocturnal social spaces.



Fear of the uncontrolled sexuality of people with Down syndrome.



In spite of the socially shared representation of incapacity that manifests the vital context of Daniel about his sexuality, he manages to make an intimate relationship with Laura.

### Conclusion

Recomendable. High educational value.

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