

## REVIEW ARTICLE

### SYSTEMATIC REVIEW OF PLATYSMA MYOCUTANEOUS FLAP IN ORAL CANCER RECONSTRUCTION

#### *Revisión sistemática del colgajo miocutáneo de platisma en la reconstrucción de cáncer oral*

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**SUMMARY:** Introduction and objective: Oral cavity reconstruction requires effective techniques to restore both functionality and aesthetics; this review evaluates the outcomes of platysma myocutaneous flaps (PMF).

**Method:** A systematic review with a narrative synthesis approach was performed, analyzing clinical outcomes from primary research studies. PubMed, Embase, and Scopus databases were used. The search included terms such as «platysmal flap», «oral cancer», «reconstruction», and «clinical outcomes», targeting studies on PMF for buccal squamous cell carcinoma (BSCC). Articles in all languages were considered, excluding those focused on experimental or alternative flap techniques. Risk of bias was assessed using the ROBINS-I tool.

**Results:** PMF and local flaps achieved high success rates in function and aesthetics; 73–82 % of patients restored normal oral intake and speech; complications like partial necrosis (6.7–10 %) were managed conservatively.

Discussion: PMF proves a versatile, time-efficient solution for intraoral defects, particularly in settings where free tissue transfer is not feasible; outcomes were most favourable for smaller defects.

Conclusions: Regional flaps, especially PMF, are effective and practical for oral cavity reconstruction, offering excellent functional recovery, aesthetic results, and quality-of-life improvements with manageable complication rates.

KEYWORDS: platysmal flap; myocutaneous flap; oral cavity reconstruction; buccal squamous cell carcinoma; dermo platysmal flap.

RESUMEN: Introducción y objetivo: La reconstrucción de la cavidad oral requiere técnicas eficaces para restaurar la función y la estética; esta revisión evalúa los resultados de los colgajos miocutáneos de platisma (PMF).

Método: Se realizó una revisión sistemática con enfoque de síntesis narrativa, analizando resultados clínicos de estudios primarios, utilizando las bases de datos PubMed, Embase y Scopus. La búsqueda incluyó términos como «platysmal flap», «oral cancer», «reconstruction», y «clinical outcomes», centrada en estudios sobre colgajos miocutáneos de platisma para carcinoma escamoso bucal. Se consideraron artículos en todos los idiomas, excluyendo aquellos enfocados en técnicas experimentales o alternativas de colgajos. La evaluación del riesgo de sesgo se llevó a cabo mediante la herramienta ROBINS-I.

Resultados: Los colgajos PMF y locales lograron altas tasas de éxito en función y estética; entre el 73 % y el 82 % de los pacientes recuperaron la ingesta oral normal y el habla. Complicaciones como la necrosis parcial (6.7–10 %) se manejaron de forma conservadora.

Discusión: Los PMF resultan ser una solución versátil y eficiente en tiempo para defectos intraorales, especialmente en entornos donde la transferencia de tejido libre no es viable; los mejores resultados se observaron en defectos pequeños.

Conclusiones: Los colgajos regionales, especialmente los PMF, son efectivos y prácticos para la reconstrucción de la cavidad oral, ofreciendo una excelente recuperación funcional, resultados estéticos y mejoras en la calidad de vida, con tasas de complicaciones manejables.

PALABRAS CLAVE: colgajo de platisma; colgajo miocutáneo; reconstrucción de cavidad oral; carcinoma escamoso bucal.

## INTRODUCTION

The platysma myocutaneous flap (PMF), is a versatile yet underutilized technique in head and neck reconstructive surgery, especially for intraoral and maxillofacial defects caused by trauma or oncological resection [1-3]. First described by Futrell et al. in 1978, the PMF offers several advantages, including a thin, pliable structure, proximity to the defect site, minimal donor site morbidity, and the ability to achieve primary neck closure [1, 2].

Despite extensive literature on flap techniques in head and neck reconstruction, only three studies focus specifically on the PMF, underscoring a surprising gap in exploring its functional and aesthetic benefits, as well as its simplicity and accessibility [1-3]. The PMF is particularly effective for small to medium-sized oral cavity defects, offering functional restoration and cosmetic satisfaction with lower complication rates. Reported challenges, such as partial necrosis, dehiscence, and

venous congestion (18–45 % in some studies), can be minimized with meticulous surgical planning, including preserving the external jugular vein [2].

This review aims to identify studies on the use of myocutaneous flaps in reconstructing defects caused by oral cancer, particularly buccal squamous cell carcinoma, analyzing clinical outcomes, surgical results, and complications.

## MATERIAL AND METHODS

A systematic review of the literature with a narrative synthesis approach was performed using the PubMed, Embase, and Scopus databases. Exclusively primary research sources reporting clinical data on platysma myocutaneous flaps were included. The search strategy included the following terms: (“platysmal flap”[Title/Abstract] OR “myocutaneous flap”[Title/Abstract] OR “cervical flap”[Title/Abstract]) AND (“buccal carcinoma”[Title/Abstract] OR “buccal squamous cell carcinoma”[Title/Abstract] OR “oral cancer”[Title/Abstract] OR “head and neck cancer”[Title/Abstract] OR “oral cavity cancer”[Title/Abstract]) AND (“reconstruction”[Title/Abstract] OR “surgical reconstruction”[Title/Abstract] OR “oral defect reconstruction”[Title/Abstract]) AND (“clinical outcomes”[Title/Abstract] OR “surgical outcomes”[Title/Abstract] OR “complications”[Title/Abstract] OR “case series”[Title/Abstract]).

The inclusion criteria were as follows: (1) original research on the use of platysma myocutaneous flaps for BSCC, (2) clinical studies with reported outcomes, and (3) published within the last 10 years. Articles were included without language restrictions. Studies focusing solely on other flap techniques or experimental studies without clinical application were excluded. Data were extracted on patient demographics, defect characteristics, surgical technique, postoperative outcomes, and complications. Two independent reviewers screened the articles, and discrepancies were resolved by consensus. A PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) 2020

flow diagram detailing the study selection process is provided [4] (Figure 1). The methodological quality of the included non-randomized studies was assessed using the ROBINS-I (Risk Of Bias In Non-randomized Studies of Interventions) tool. Each study was evaluated across seven domains. Overall risk of bias was classified as low, moderate, or serious, based on the cumulative assessment.

## RESULTS

As shown in the PRISMA flow diagram, the described methodology resulted in 35 articles [4]. Following the detailed screening process, three studies were selected: one retrospective study, one prospective study, and one case series. We created a table specifying the authors, country, year of publication, study type, and the main results analyzed (Table 1). While there are numerous articles addressing flaps for oral cavity defect reconstruction, we have chosen to focus exclusively on platysma myocutaneous flaps, which explains the limited number of articles selected. The risk of bias of the included studies was evaluated using the ROBINS-I tool. One study (Humne et al.) presented a moderate risk of bias due to limitations in confounding control and subjective outcome measures [1]. The case series by Sahni et al. showed a serious overall risk due to small sample size, lack of comparator, and unclear reporting [2]. The retrospective study by Joshi et al. was rated as moderate risk [3] (Table 2).

## DISCUSSION

### PATIENT DEMOGRAPHICS AND STUDY CHARACTERISTICS

Three studies, collectively involving 144 patients, examined reconstruction for oral cavity defects. These included a prospective analysis of 30 patients utilizing platysma myocutaneous flaps (PMF) for oral and maxillofacial reconstruction, a retrospective review of 104 cases treated with local flap reconstructions (including 4 PMF cases), and

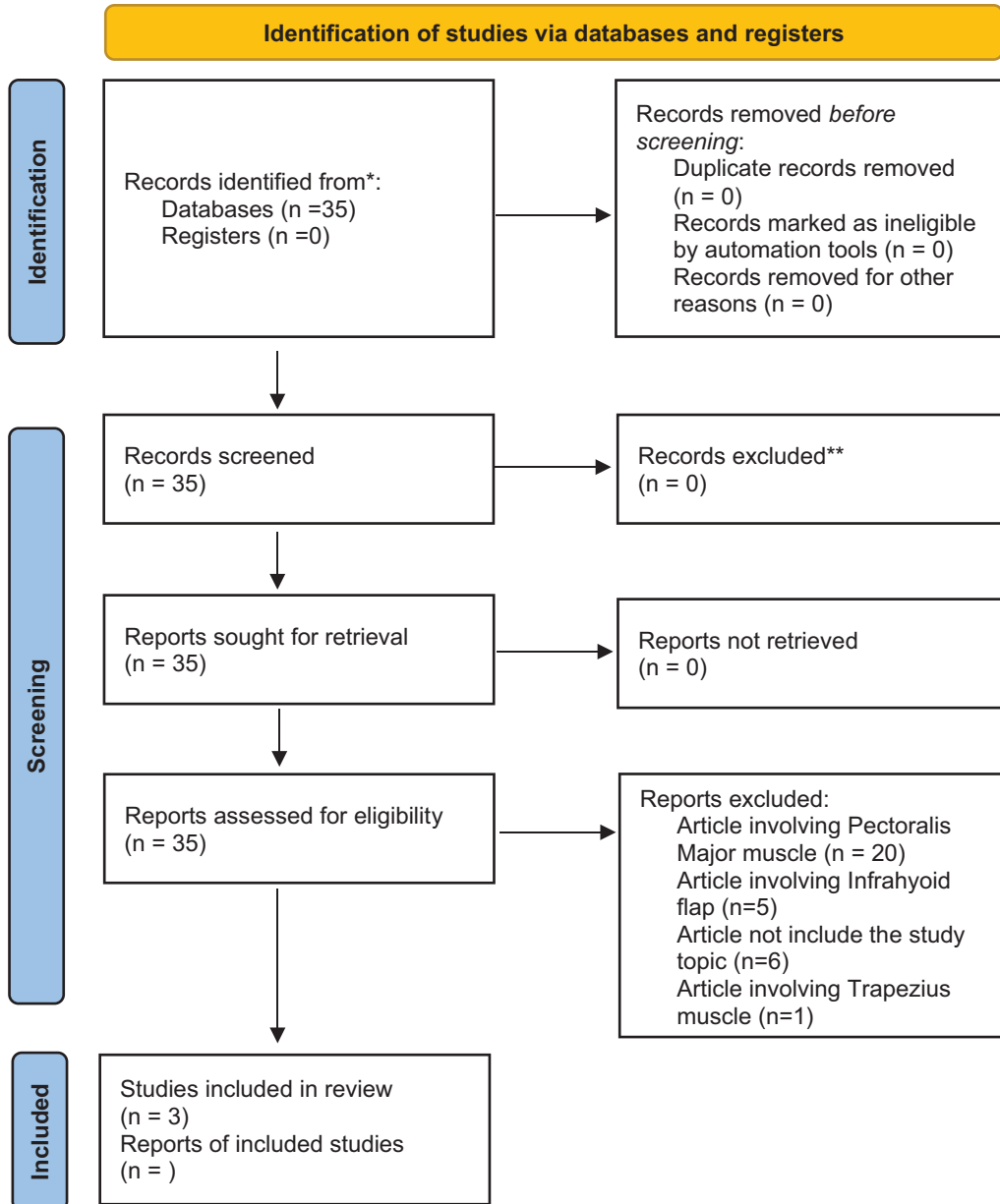


Figure 1. PRISMA 2020 flow diagram for new systematic reviews which included searches of databases and registers only.

Table 1. Table of results in order of appearance in the article.

Study	Year and country	Study type	Patients	Age range	Gender	Diagnosis	Location	Treatment	Surgical duration	Postoperative management	Complications	Follow-up	ROBINS-I Risk of Bias
Hunne A et al. [1]	India, 2024	Prospective	30	Not specified	Not specified	Oral cancer	Oral cavity	Wide local excision and PMF reconstruction	Not specified (flap harvesting <15 min.)	Regular wound care, pain management	26.67 % infection, 16.67 % dehiscence, 6.77 % necrosis	1 week, 1, 3, and 6 months	Moderate
Sahni M. et al. [2]	India, 2023	Case series	10	24-42 years	Male	Squamous cell carcinoma and nodular leukoplakia	Buccal mucosa, floor of mouth	Wide local excision and PMF reconstruction	Not specified	Prolonged nasogastric nutrition (15 days) in 2 cases	10 % partial necrosis, 10 % donor site necrosis	Not specified	Serious
Joshi P. et al. [3]	India, 2024	Retrospective	104 (4 PMF)	25-75 years	6:1 (M:F)	Squamous cell carcinoma	Buccal mucosa, floor of mouth, tongue and lip	Local flaps: 4 PMF	45-70 mins.	Nasogastric nutrition (12 days)	Partial necrosis (n=1)	6 months	Moderate

(PMF= platysma myocutaneous flaps)

Table 2. Risk of bias was assessed according to the ROBINS-I (Risk of Bias In Non-randomized Studies - of Interventions) tool.

Study	Confounding	Selection of participants	Classification of interventions	Deviations from intended interventions	Missing data	Measurement of outcomes	Selection of reported result	Overall Risk
Hunne et al. [1]	Moderate	Low	Low	Low	Low	Moderate	Low	Moderate
Sahni et al. [2]	Serious	Moderate	Low	Low	Moderate	Serious	Moderate	Serious
Joshi et al. [3]	Moderate	Low	Low	Low	Low	Moderate	Low	Moderate

a case series of 10 patients focusing on PMF for intraoral defects [1-3]. Patient ages ranged from 24 to 75 years, with a predominance of males. The male-to-female ratio in the retrospective cohort was 6:1, and the case series included exclusively male participants. Most cases involved squamous cell carcinoma (SCC) at varying stages, with some studies also addressing premalignant lesions, such as nodular leukoplakia [1-3].

#### SURGICAL TECHNIQUES AND TREATMENT MODALITIES

All studies employed regional or local flaps for reconstruction. The prospective analysis emphasized the PMF technique, noting an average harvesting time of under 15 minutes [1]. The retrospective review incorporated melolabial, supraclavicular, submental, and islanded facial artery myomucosal (FAMM) flaps, while the case series solely investigated PMF, highlighting its effectiveness in managing intraoral defects [2, 3]. Surgical times varied, with local flap procedures requiring 45–70 minutes, influenced by complexity, and PMF reconstruction adding minimal time beyond neck dissection [1-3].

#### OUTCOMES AND SUCCESS RATES

Functional and aesthetic outcomes were positive across all studies. In the prospective study, oral function and aesthetics improved significantly, as measured by the University of Washington Quality of Life questionnaire (UW-QOL). Six months post-operatively, 73.3 % of patients reported no swallowing difficulties, 76.7 % had normal taste perception, and all maintained intelligible speech, though some required repetition early in recovery [1].

The retrospective review revealed that 82.7 % of patients achieved normal oral intake, and 80.8 % retained clear speech with minimal repetition, as assessed by the Performance Status Scale for Head and Neck Cancer (PSS-HN). Outcomes were particularly favorable for small- to medium-sized

defects, with the melolabial flap achieving high success rates [3].

The case series demonstrated satisfactory cosmetic and functional outcomes in 80 % of patients, underscoring PMF's utility for intraoral reconstruction, especially in resource-constrained settings or when free tissue transfer was contraindicated [2].

#### COMPLICATIONS

Complication rates varied across studies. The prospective analysis reported infection (26.7 %), flap dehiscence (16.7 %), and partial necrosis (6.7 %), all managed conservatively without secondary interventions. Shoulder stiffness affected 20 % of patients at one week but resolved completely by six months [1].

In the retrospective cohort, partial necrosis was reported in only one PMF case, translating to a low complication rate for this technique. Total flap loss was noted in 1.9 % of cases across all flap types. Donor site complications, such as wound gaping and seroma formation, occurred in 5.8 % of patients and were managed conservatively. Notably, the supraclavicular flap demonstrated the highest complication rate among the local flaps studied. [3].

The case series documented partial necrosis and donor site skin loss in 10 % of patients each. One instance of complete flap loss healed by secondary intention, with all other complications managed conservatively without significant long-term effects [2].

#### POSTOPERATIVE MANAGEMENT AND RECOVERY

Postoperative care protocols varied across studies. In the prospective study, pain management and wound care were emphasized, resulting in 96.7 % of patients being pain-free and fully resuming daily activities by six months [1]. In the retrospective cohort, nasogastric feeding tubes were maintained for an average of 12 days, and

tracheostomy tube corking was initiated by post-operative day five in 13.5 % of cases [3]. For the case series, nasogastric nutrition was required for up to 15 days in patients with complications [2].

Although the included studies reported favorable clinical outcomes, the ROBINS-I assessment indicated moderate to serious risk of bias, especially in relation to confounding and measurement domains. These factors should be considered when interpreting the overall evidence.

These findings highlight the efficacy and safety of local and regional flap techniques, particularly PMF, for reconstructing oral cavity defects while achieving favorable functional, cosmetic, and quality-of-life outcomes.

## CONCLUSIONS

The analysed studies demonstrate that platysma myocutaneous flaps, are effective options for reconstructing oral cavity defects, offering favourable functional and aesthetic outcomes. PMF is a reliable choice, especially in resource-limited settings or for patients contraindicated for free tissue transfer. While complication rates vary, most issues are manageable conservatively with minimal long-term sequelae. These techniques support optimal recovery of oral intake, speech intelligibility, and quality of

life, underscoring their clinical value in oral and maxillofacial reconstruction.

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